



Open 10 mile Time Trial Saturday 18th June 2022

Course G10/97

Incorporating National Youth Championship (London South DC Heat)

Event Secretary:

Jon Fry

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Promoted for and on behalf of **Cycling Time Trials** under it's rules and regulations

HQ

Steyning Centre

Fletcher's Croft
Steyning
West Sussex

Postcode BN44 3XZ

Open from 06:00



Plenty of parking is available.

Free till 09:00 then pay and display (or Horsham annual parking disc), or park in road by church for free.

Numbers at HQ only. After the event please return your race number to the HQ and complete the sign-out sheet.

HQ to start: 1.83 miles

Finish to HQ: 1.42 miles

Route to start:

Left out of the car park to the mini roundabout, then right onto the High Street. Proceed North to the A283 junction. Left and continue West on A283 for 0.7 miles.

Please note the following CTT regulations and recommendations

CTT Regulation 14 now requires that "No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to **the rear** of their machine a **working rear red light**, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

CTT Regulation 14 now requires that "No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to **the front** of their machine a **working front white light**, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

In the interests of rider safety and in addition to the compulsory rear light required under regulation 14 (i), the advisory use of suitable hardshell helmets in competition for competitors over 18 years of age, **London South DC strongly recommend that riders do not wear black or dark clothing during any event held on the public road.**

Audio Equipment: Competitors must not use ANY audio equipment except prescribed hearing aids.

N.B. A competitor in breach of this regulation shall be disqualified.

N.B. Competitors must not use a mobile phone while mounted on their machine.

Helmets: CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.

Competitors' Machines: No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

Competitors' Vehicles: No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish (District regulation).

Safety Instructions: Details of any additional hazards not listed on the start sheet will be displayed at the signing on point.

Warming Up: Competitors are requested not to warm up on the course after the event has started.

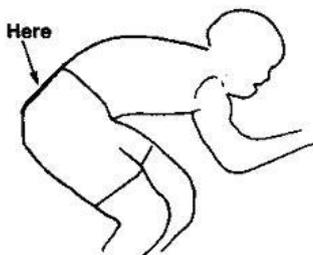
Observers: Official observers will be stationed around the course to ensure correct procedure (e.g. drafting and safety at roundabouts).

Results: No times will be given out at the finish line.

Race Numbers: The race number is made of fluorescent material which is an important safety feature. It is essential that it is correctly placed for maximum visibility to other road users and of course the timekeepers.

Body numbers should be fitted in accordance with Regulation 16 and Arm Numbers should be fitted to the upper arm with the number facing forwards (not inwards).

Be aware that "No time may be recorded if the number is incorrectly positioned".



Additional Safety Instructions

Competitors must exercise extra care at the start and at all roundabouts.

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OFFICIAL TIME KEEPERS

Start:	Jim Kerr	Horsham Cycling
Finish:	Peter Delve	Horsham Cycling

Prizes

1 st	£30	1 st Lady	£30
2 nd	£20		
3 rd	£10		
1 st Veteran on CTT Target	£25	1 st Team of Three	£10 each
2 nd Veteran on CTT Target	£15		
3 rd Veteran on CTT Target	£10	1 st Under 18 (JUN/JUV)	£10

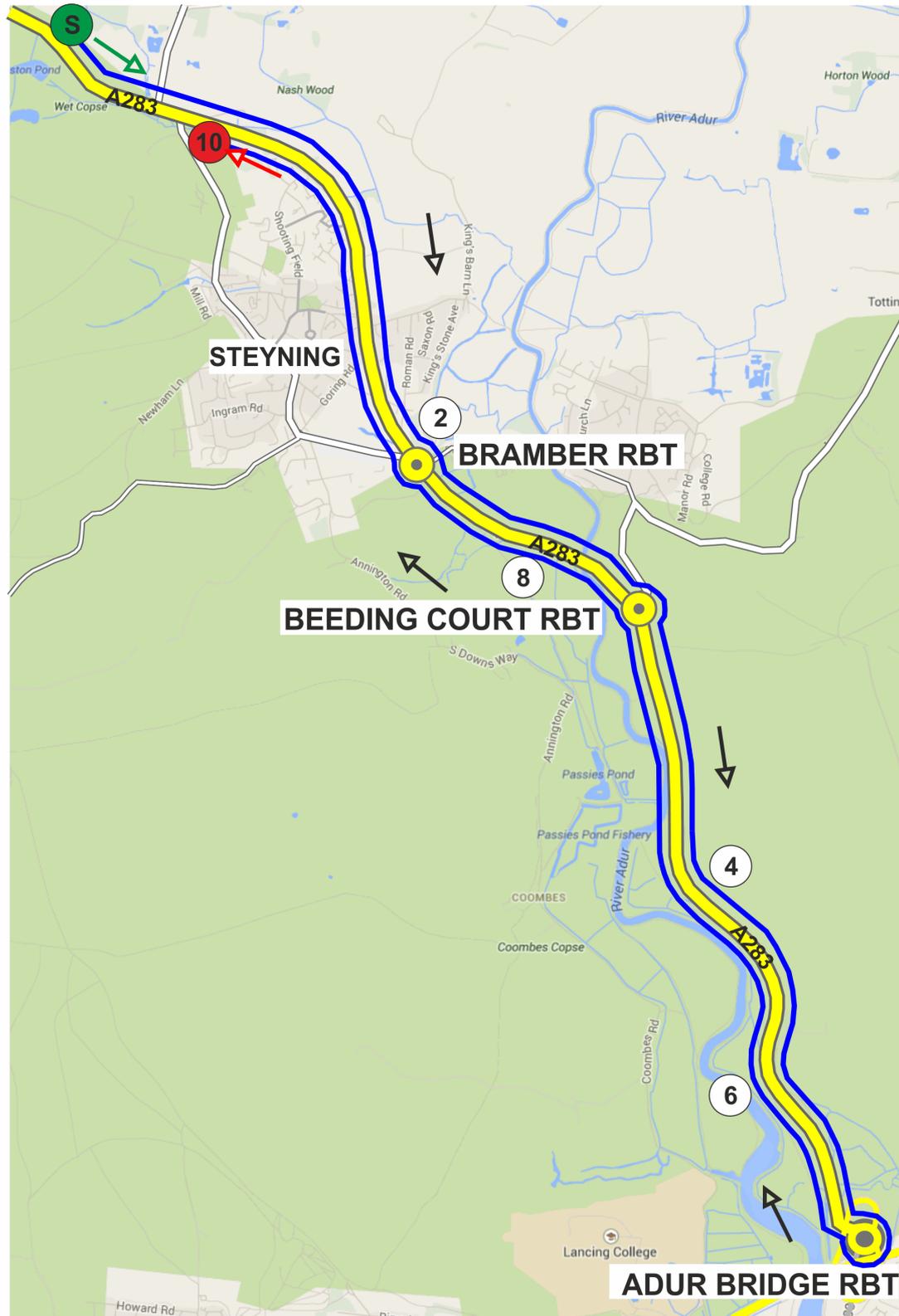
(Only one prize per rider except for Team Prize)

See <https://london-south.ctt.org.uk/> for CTT details for Sussex/Surrey and the local area, including Open and Club TT's.

COURSE DIRECTIONS – G10/97	MILES
START on A283 at yellow paint mark 39 yards east of centre of entrance to Hammes Farm (and Studio) and 0.52 miles west of junction with B2135	0.00
Proceed south-eastwards along A283 via Bramber Castle and Beeding Court RBTs to Adur Bridge RBT, Shoreham where turn (CHECK)	5.41
Take fourth exit to retrace on A283 via Beeding Court and Bramber Castle RBTs to FINISH at yellow paint mark 25 yards west of “Public Bridleway” sign and 271 yards before left turn into Steyning	10.00

Link to Garmin Connect version of the course map [G10/97](#)

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Rider No	Start		Club	Cat/ Age	CTT Std
	Time	Name			
31	07:31				
32	07:32				
33	07:33	Mark Furth	Horsham Cycling	V46	26:07
34	07:34	Stuart Payne	Central Sussex CC	V59	28:44
35	07:35	Lewis Reeves	Horsham Cycling	S	
36	07:36	Mike Anderson	CC Moncontour	V64	29:48
37	07:37	Peter Lambert	Horsham Cycling	V55	27:54
38	07:38	Peter Phipps	...a3crg	V62	29:22
39	07:39	Daniel Drake	South London Harriers	S	
40	07:40	Andy Critchlow	Norwood Paragon CC	V48	26:31
41	07:41	Dan Needham	Horsham Cycling	S	
42	07:42	Sam Leach	Horsham Cycling	S	
43	07:43	John McDonald	trainSharp	V57	28:19
44	07:44	Angela Brown	Horsham Cycling	WV42	26:54
45	07:45	Lawrence Wintergold	Hounslow & District Whs	V57	28:19
46	07:46	Michael Sleeman	Horsham Cycling	S	
47	07:47	Paul Atkinson	Velo Club St Raphael	V52	27:18
48	07:48	Kate Thomas	Lewes Wanderers CC	WV43	27:06
49	07:49	Robin Johnson	Brighton Mitre CC	V74	32:04
50	07:50	Jacob Storey	Partenza-Nude Espresso RT	S	
51	07:51	Colin Toppin	Worthing Excelsior CC	V49	26:42
52	07:52	Ferenc File	Horsham Cycling	S	
53	07:53	Tim Peters	Horsham Cycling	V49	26:42
54	07:54	Alan Robinson	Central Sussex CC	V81	33:45
55	07:55	Tom Houghton	Team TMC	V50	26:54
56	07:56	Brian Molloy	Brighton Excelsior CC	V54	27:42
57	07:57	Mike Boyce	...a3crg	V66	30:15
58	07:58	Scott Bartha	Brighton Excelsior CC	V47	26:19
59	07:59	Tony Murphy	Eastbourne Rovers CC	V58	28:31
60	08:00	Christopher McNamara	Nuun-Sigma Sport-London RT	V47	26:19

**Nation Youth
Championships**

London South DC Heat

**U17@
31/08**

61	08:01	Jack Weeks	Royal Grammar School Guildford	Juv
62	08:02	Lucas Houghton	Team TMC	Jun
63	08:03	Luke Goodwill	VC de Londres	Jun